



## news release

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## CAC-Florida Medical Centers Names New CEO

*Longtime Humana executive Mark Kent to lead South Florida-based health care company*

**MIAMI – Nov. 22, 2011** – CAC-Florida Medical Centers (CAC) today announced that Mark Kent, a nurse by training and a longtime Humana operational leader, has been named chief executive officer of CAC-Florida Medical Centers.

Kent, whose appointment was effective Nov. 7, comes to CAC after nearly seven years with Humana in South Florida and the *Fortune* 100 company's corporate headquarters in Louisville, Ky. in various strategic, operational and business-development roles.

"Mark Kent brings a wealth of health care, management and operational experience to his new role as CEO of CAC-Florida Medical Centers, leading this growing company into a dynamic future well beyond its South Florida roots," said [CarePlus Health Plans](#) CEO David Jarboe. CarePlus, a South Florida-based Medicare Advantage HMO, and CAC are subsidiaries of Humana Inc.

Kent began his career with Humana in Miami in 2004. He was responsible for operational management, strategic planning, clinic startups, and sales and marketing coordination for Humana's 51 wholly owned affiliated provider centers in South Florida. His experience included designing, planning and implementing one of the first fully electronic medical record systems in Miami-Dade, Broward and Palm Beach counties at the time.

Kent later moved to Humana's corporate headquarters where he held several strategic roles, leading multiple work teams in operational and process improvements for the company's Senior Products operations.

In 2009, Kent was promoted to Humana market operations leader for Ohio, and most recently, he served as Market Vice President of the Ohio and Indiana Senior Products segment for Humana's East Central Region.

Kent succeeds Dr. Mayda Antun as CAC-Florida chief executive officer. Dr. Antun was recently named to a new national role with Concentra, a Dallas-based health care company owned by Humana that provides health, wellness and medical services to consumers and employers at more than 550 medical centers in 42 states.

Kent received his master's in business administration from Purdue University. He also completed Six Sigma training at the University of Michigan and has been recognized as a Six Sigma Master Black Belt by the American Society for Quality. Kent is also a Fellow of the American College of Healthcare Executives and a Fellow of the Medical Group Management Association.

Kent, who lives in Miami and has been active in charitable causes in South Florida, also founded the Foster Children's United Society, a not-for-profit foundation which assists foster children.

CAC currently owns and operates 11 medical centers in Miami-Dade County and will open two new full-service medical centers early next year in the Orlando area. CAC medical centers serve Medicare Advantage members of CarePlus, Humana and Amerigroup Medicaid HMO members and patients with Original Medicare. The company also offers an affordable fee schedule for self-pay Medicare and Medicaid patients.

### **About CAC-Florida Medical Centers**

CAC-Florida Medical Centers opened its doors in 1964 under the name *Clinica Asociacion Cubana*. CAC-Florida Medical Centers holds the distinction of being Florida's first managed care facility granted a license to operate as a Health Maintenance Organization (HMO) as a result of the Congressional HMO Act of 1973.

Today, the CAC brand is recognized throughout South Florida for its commitment to members of communities throughout Miami-Dade County and the provision of quality, readily accessible health care.

CAC-Florida Medical Centers operate 11 full-service, multi-specialty medical centers in Miami-Dade County, staffed by more than more than 100 primary care physicians and medical specialists practicing cardiology, dermatology, endocrinology, gastroenterology, general surgery, geriatric medicine, gynecology, ophthalmology, neurology, urology, orthopedic surgery, otolaryngology and podiatry.

For more on CAC-Florida Medical Centers, visit its website at [www.cacmedicalcenters.com](http://www.cacmedicalcenters.com).

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